

Elkhart County Crib Resource Sheet



Elkhart County



Scan QR code for links to all resources listed below.
Click on underlined titles.

Local resources to support prenatal care through early childhood, up to age five.

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Baby Essentials

Babies Basic Needs

Diapers, wipes, baby wash, laundry detergent and more.

Elkhart Co. Family Resource Center

Family support, education, and events (e.g., diapers, wipes, hygiene, food, and safety items)

The Baby Room-Plus

Baby items (e.g., clothing, diapers and more)

BABE Store

Earn coupons by attending classes and doctor visits with participating organizations. Use coupons to purchase baby items.

Lactation Support

Healthy Beginnings

Women's Care Center

Beacon Health System - Elkhart

CAPS & Maple City

Nest & Grow Co.

Milk Guide

RETA

Parenting

THE SOURCE:

Triple P Positive Parenting - For Baby

Evidence-based groups and workshops focusing on positive parenting strategies for parents and caregivers prenatal through five years old.

THE FAMILY JOURNEY:

Triple P for baby online

Free self-guided online modules to support the journey through parenting. For parents and caregivers prenatal through 12 months old.

CAPS & MAPLE CITY :

Healthy Families

A home visitation program that supports parents and caregivers with resources and education during the child's first five years.

Nurturing Care Groups

Parent groups offering connection, support, and shared meals.

ROBINSON COMMUNITY

LEARNING CENTER:

Talk with your baby classes

Education for parents and caregivers on the importance of frequently talking, singing, and playing with children from birth to age three and how these interactions aid in language development.

NEED CRISIS HELP NOW?

988 (Call or text 24/7/365)

Mental health and substance use crisis hotline.

Moms Helpline

1-844-624-6667 (Monday - Friday)
Speak with a communication specialist to assist with access to resources.

Health and Wellness

Heart City Health and

Heart City - Women's Health Center

Adult, pediatric, prenatal, postpartum, gynecological, dental, behavioral health, and chiropractic services.
Sliding fee scale based on income.

CAPS & Maple City

Prenatal, postpartum, and family care, including dental, doula, lactation, mental health, and parenting groups.
Sliding fee scale based on income.

NIMCHN Health Center

STD, HIV, and pregnancy testing, birth control, and more. Sliding fee scale based on income.

HEALTHY BEGINNINGS:

Healthy Babies, Indiana WIC, Dental

Prenatal care coordination, education, supplemental nutrition, breastfeeding support, and pregnancy testing.

Safe Kids Elkhart Co.

Car seat checks and child safety information.

American Red Cross

Infant CPR, trainings, and certifications.

First Steps

Supports children 0-3 years old with developmental concerns or delays through in home therapy services. Confidential referrals are welcome from anyone.

MINORITY HEALTH COALITION ELKHART CO. :

IMHC Doula Services

FREE intake assessment, prenatal care, labor and delivery support, and postpartum services. Education and support for mothers and families throughout pregnancy, birth, and the postpartum period.

Nurse-Family Partnership

FREE one-on-one support and education with a registered nurse for first-time parents.

The Family Journey

FREE pregnancy and postpartum support, clinical services, care coordination, education, and behavioral and mental health support.
Triple P for baby online Available!

Oaklawn

Access to psychiatric, therapy, case management and skills training services.

Mental Health Awareness of Michiana

Free counseling, peer support, referral assistance, mental health screening, outreach, and education for perinatal families.

RETA

FREE pregnancy and postpartum support, pregnancy and STD testing, ultrasounds, education, parenting, support groups (including for pregnancy loss), couples' mentorships, and much more. *Receive baby essentials from RETA family store through program participation.*

Women's Care Center

FREE counseling, education, support, ultrasounds, and pregnancy testing.
Receive baby essentials from family store through program participation.

HerMichiana

Community Advocates who provide community resource navigation, one-on-one case management, and emergency material assistance.
Elkhart Mobile Care unit location: Tolson Center

Nest & Grow Co.

Promotes maternal wellness through community and education, including support groups for working and postpartum mothers.

Safe Haven Baby Boxes

A safe, legal, and compassionate option for parents in crisis who are unable to care for their infant.

Helpful Tools

CDC Milestone Tracker (App)

Track a child's development with interactive checklists and tips, based on CDC milestones.

ZERO TO THREE:

The baby brain map

An online developmental scientist-approved tool that equips parents to make a meaningful impact during the critical window of infant brain development.

FindHelp-BSB.net

Online tool for families in Elkhart Co. to search for local resources.

Family Social Service Administration (FSSA)

Online tool to find Childcare.

NIHHC Bilingual Resource Directory

Directory listing medical, social, and community service providers in Elkhart County.
Call (574) 522-0966 to order a FREE copy.

Early Learning Activities



IN-PERSON

Elkhart Public Library

Baby and Me Class, story times, and much more

Goshen Public Library

Baby and Me Lapsit, Little Wonders storytime, and much more.

Elkhart Co. Family Resource Center

TOT time, Storytime Playdate, and much more.

Women's Care Center

Mommy and Me Music, Movers and Shakers Music, Story Time, Walking Group, and more.

Goshen College Music Together

A research-based music and movement program for parents and children from newborns to age 8.
Baby class (birth - 8 months) is FREE;
Sliding fee scale based on income for other classes.

SHEPARD SWIM SCHOOL:

Bathtime Babies

A FREE weekly program for parents of newborns (birth - 5 months). Introduction to water.
(\$49 annual registration fee applies.)

DIGITAL

Dolly Parton's Imagination Library

A book-gifting program that mails FREE, high-quality books to children from birth to age five.

Elkhart Library and Goshen Library

1,000 Books Before Kindergarten
A self-paced reading program. Sign-up and receive rewards for reading books to your child.

Sesame Workshop

Free online digital learning games, books, videos, printables, activities and family-friendly tools that support health, wellness, and emotional wellbeing

Vroom (App)

A science-based app offering tips and activities to support early learning from birth to age five.