

# LEARNING

## Objectives

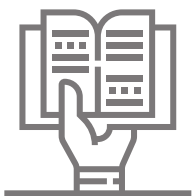


DARKNESS TO LIGHT'S  
STEWARDS OF CHILDREN®

### WELCOME AND BUILDING FOUNDATION

The participant will be able to explain the concepts of making choices, taking risks, and supporting each other as they relate to child sexual abuse.

The participant will be able to describe how protecting children from sexual abuse helps create a healthy community.



#### STEP 1 LEARN THE FACTS

1. The participant will be able to define child sexual abuse.
2. The participant can explain that Commercial Sexual Exploitation is sexual activity with a child involving the exchange of something of value.
3. The participant will be able to explain that:
  - a. Child sexual abuse crosses cultural, demographic, and socioeconomic boundaries;
  - b. Abusers can be male, female, or other youth;
  - c. Most abusers are known and trusted by children and their families prior to the abuse.

#### STEP 2 MINIMIZE OPPORTUNITY

1. The participant will be able to explain why isolated, one-on-one situations create a high risk for children for sexual abuse.
2. The participant will be able to specify that having multiple adults present when supervising children and making one-on-one situations observable and interruptible are solutions for making one-on-one situations safe for children.
3. The participant will be able to identify background checks and personal interviews as key components of effective screening.
4. The participant will recognize the importance of caregivers overseeing the use of technology for children and teens.
5. The participant will be able to explain what a Code of Conduct is in youth serving organizations.
6. The participant will be able to list three examples of inappropriate interactions with children.

#### STEP 3 TALK ABOUT IT

1. The participant will be able to explain how to talk to children about body boundaries.
2. The participant will be able to identify that a healthy relationship with children is protective for child sexual abuse.
3. The participant will be able to state the importance of giving proper names to body parts.
4. The participant will identify "secrets" as being dangerous to children.
5. The participant will be able to provide examples of healthy and unhealthy touch in family and youth settings.
6. The participant will be able to list several reasons why children do not disclose child sexual abuse.

# LEARNING

## Objectives



DARKNESS TO LIGHT'S  
STEWARDS OF CHILDREN®



### STEP 4 KNOW THE SIGNS

1. The participant will be able to name three physical signs of child sexual abuse.
2. The participant will be able to state that often there are no physical signs of child sexual abuse.
3. The participant will be able to name three behavioral and/or emotional signs of child sexual abuse.
4. The participant will understand that trauma is often the root of behavior that is labeled as difficult or bad behavior.

### STEP 5 REACT RESPONSIBLY

1. The participant will be able to name "Disclosure, Discovery and Suspicion" as reasons to react to sexual abuse.
2. Participant will be able to describe appropriate reactions to a disclosure of abuse from a child.
3. Participant will be able explain why you should not ask leading questions of a child who is disclosing abuse.
4. The participant will be able to name law enforcement and child protective services as proper authorities to receive reports.
5. Participant will be able to identify three examples of boundary violations by adults or youth toward children.
6. The participant will be able to list that a good intervention in boundary violations involves "setting a limit."

---

### UPON CONCLUSION OF THE TRAINING

Participant will be able to list at least four required practices that should be part of any child protection policy.